

Malden's Youth Resource Guide

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PUBLIC SERVICES

[Ambulance](#)

[25 Eastern Ave. Malden, MA 02148](#)

Tel.: 781-873-4301

[Malden Fire Department](#)

[1 Sprague St. Malden, MA 02148](#)

Tel.: 781-397-7388

[Malden Police Department](#)

[800 Eastern Ave. Malden MA 02148](#)

Tel.: 781-397-7171

[Regional Center for Poison Control](#)

[300 Longwood Ave. Boston, MA 02115](#)

Tel.: 800-222-1222

[Malden Public Schools Central Office](#)

[77 Salem St. Malden, MA 02148](#)

Tel.: 781-397-6100

Web: *maldenps.org/contact*

HEALTH SERVICES, HOSPITALS, & WELLNESS

[American Family Care/Urgent Care](#)

[219 Centre St. Malden, MA 02148](#)

Immediate medical treatment for non-life threatening illnesses.

Tel.: 781-322-7300

[Cambridge Health Alliance](#)

Walk-ins are accepted.

- [Malden Care Center](#)
[195 Canal St. Malden, MA 02148](#)
Tel.: 781-338-0500
- [Everett Family Care Center](#)
[391 Broadway. Everett, MA 02149](#)
Tel.: 617-394-7702
- [Everett Hospital](#)
Emergency visits and other medical care.
[103 Garland St. Everett, MA 02149](#)
Tel.: 617-389-6270

[Cambridge Health Alliance School-Based Services](#)

- [STARR Wellness Center Malden High School](#)
Mon. 12:30p-3:30p; Wed. 9:30a-12:30p. Contact: Karen Reynolds, RN at 781-397-7000 x2211
- [Everett Teen Health Center](#)
[100 Elm St. Everett, MA 02149](#)
Mon. to Thurs. 8a-4p; Fri. 8a-3p
Tel.: 617-843-0700
- [Somerville Teen Health Center](#)
[81 Highland Ave. Somerville, MA 02143](#)

Mon. to Thurs. 8a-4p; Fri. 8a-3p
Tel.: 617-575-5690

[The Sharewood Project](#)

[26 Washington St. Malden, MA 02148](#)

Provides free limited health care services.

Tel.: 781-324-8991

Hallmark Health

Appointments can be made by phone, online, or in person. Multiple locations include:

- [Hallmark Health Medical Associates](#)
[578 Main St. Malden, MA](#)
Tel.: 781-321-3422
- [Hallmark Health](#)
[109 Commercial St. Malden, MA 02148](#)
Tel.: 781-388-4160
- [Hallmark Health VNA and Hospice](#)
[178 Savin St. Malden, MA 02148](#)
Tel.: 781-338-7400
- [Melrose-Wakefield Hospital](#)
Emergency visits and other medical care.
[585 Lebanon St. Melrose, MA 02176](#)
Tel.: 781-979-3000

MENTAL HEALTH COUNSELING SUPPORT

[Arbour Counseling Services](#)

[6 Pleasant St., Flr 6. Malden MA, 02148](#)

Tel.: 781-322-1503

CHA-Malden Care Center

195 Canal St. Malden MA, 02148

Tel.: 781-338-0500

Eliot Community Human Services

730 Eastern Ave. Malden, MA 02148

Tel.: 781-395-0704

Greater Malden Behavioral Health

6 Pleasant St. Malden, MA 02148

Tel.: 781-480-3946

Fax: 781-480-3952

North Suffolk Mental Health

301 Broadway. Chelsea, MA 02150

Tel.: 617-889-4860 or 617-889-3300

Wayside Youth & Family Support

22 Pleasant St. Malden, MA 02148

Tel.: 781-338-2640

South Bay Community Services

22 Pleasant St. Malden, MA 02148

Tel.: 781-851-2648

SUBSTANCE USE SERVICES:

Clinical Treatment

[CHA Malden Care Center](#)

[195 Canal St. Malden, MA 02148](#)

Offers therapy for people experiencing difficulties related to substance use.

Tel.: 781-338-0500

[Institute for Health & Recovery](#)

[349 Broadway. Cambridge, MA 02139](#)

Tel.: 617-661-3991

Toll Free: 1-866-705-2807

TTY: 617-661-9051

- *SAFE Project*
Provides community based counseling for youth and adults ages 13-24.

[North Suffolk Mental Health](#)

[301 Broadway. Chelsea, MA 02150](#)

Offers counseling for youth ages 13 to 24, who are struggling with substance use.

Tel.: 617-889-4860

- *Teen Conexions*
Intensive outpatient treatment for adolescents ages 13-18 struggling with substance abuse. Youth meet three afternoons per week.

[14 Porter St. East Boston, MA](#)

Tel.: 617-569-3189

- *Adolescent Substance Use Treatment*
Teen T.E.A.M offers community-based treatment that provides substance use support.
Tel.: 617-388-1594

SUPPORT GROUPS ORGANIZATIONS & COMMUNITY PREVENTION

[Alanon/Alateen](#)

This free program is aimed towards families and teens who are impacted by a loved one's addiction.

Tel.: 508-366-0556

[Alcoholics Anonymous](#)

An international fellowship that is open to everyone who wants support with their drinking problem.

Tel.: 617-426-9444

[Fresh Start Alcohol & Drug Recovery Support Group](#)

[CHA Revere Care Center. 454 Broadway. Revere, MA 02151](#)

An anonymous peer support group held Thursday evenings.

Tel.: 781-485-8222

[Malden Board of Health, Substance Abuse Prevention](#)

[Malden City Hall. 110 Pleasant St. Malden, MA 02148](#)

Brings awareness to substance use issues and connects individuals and providers to community resources.

Tel.: 781-397-7049

[Malden Overcoming Addiction](#)

Connects the community with addiction support and recovery services.

Tel.: 1-800-327-5050

[Mystic Valley Public Health Coalition \(MVPHC\)](#)

[Malden City Hall, 110 Pleasant St. Malden, MA 02148](#)

MVPHC is a coalition of Health Departments that collaborates and educates community partners.

Tel.: 781-393-2449

[Narcotics Anonymous](#)

[25 Francis St Worcester, MA](#)

A nonprofit fellowship that is free to all who needs support in recovery from drugs and alcohol.

Tel.: 866-624-3578

[SMART Recovery](#)

[195 Canal St. Malden, MA 02148](#)

Self-empowering recovery support group. Programs are free and hosted at Malden Care Center.

Tel.: 866-951-5357

[Recovery High Schools](#)

High Schools that support young people with recovery while working towards obtaining their High School Diplomas.

- [Northshore Recovery High School](#)
[112 Sohier Rd. Beverly, MA 01915](#)

Tel.: 978-338-1450 ext. 2219

- [William J. Ostiguy High School](#)
[19 Temple Pl. Boston MA](#)

Tel.: 617-348-6070

EDUCATION & SCHOOL SUPPORT SERVICES

[HiSET Exam \(formally known as GED\)](#)

[75 Pleasant St. Malden, MA 02148](#)

Opportunity to obtain a high school equivalency certificate.

Tel.: 781-338-6625

[Pathways Program](#)

[Malden High School. 77 Salem St. Malden, MA 02148](#)

Supports who require an alternative to the regular day program.
Contact School Adjustment Counselors for more information.

Tel.: 781-397-6045

[Youth Harbors](#)

[Malden High School. 77 Salem St. Malden, MA 02148](#)

Provides in school support to prevent school drop out for homeless students.

Tel.: 781-223-8743

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL) & TRANSLATION/INTERPRETATION SERVICES

[American Education and Translation Services, LLC](#)

[6 Pleasant St., #408. Malden, MA 02148](#)

Provides translations in multiple languages.

Tel.: 781-605-1970

[The Immigrant Learning Center](#)

[442 Main St. Malden, MA 02148](#)

Provides immigrants and refugees with free English language classes.

Tel.: 781-322-9777

SOCIAL SERVICES

[ABCD Mystic Valley Opportunity Center](#)

[11 Dartmouth St. Suite 104. Malden, MA 02148](#)

Offers tax assistance, immigration /citizenship services, application assistance for SNAP and Mass Health, fuel assistance, Head Start and much more.

Tel.: 617-348-6000

[Department of Children and Families \(DCF\)](#)

[22 Pleasant St. Malden, MA 02148](#)

Offers services for individuals previously involved with DCF.

Tel.: 781-388-7100

[Massachusetts Rehabilitation Commission](#)

[157 Pleasant St. Malden, MA 02148](#)

Assists individuals with disability to obtain work and supports unemployed or underemployed individuals.

Tel.: 781-324-7160

[Tailored for Success](#)

[587 Pleasant St. Malden, MA 02148](#)

Provides resources and skills training for future employment.

Tel.: 781-324-0499

LGBTQ SUPPORTS & RESOURCES

[Boston Alliance of Gay Lesbian Bisexual and Transgender Youth \(BAGLY\)](#)

[14 Beacon Street Suite 301 Boston, MA 02108](#)

Youth Center Address

BAGLY, Inc. PO Box 960814, Boston, MA 02196-0814

Tel.: 617-227-4313

Fax: 617-227-3266

Email: info@bagly.org

Web: www.bagly.org/contact

[Gay Straight Alliance \(GSA\)](#)

[Malden High School, 77 Salem St., Malden, MA 02148](#)

Web: maldenps.org/high

[LGBT Helpline and Peer Listening Line](#)

LGBT Helpline (25+): 617-267-9001

Toll-Free: 888-340-4528

Peer Listening Line (25 & Under): 617-267-2535

Toll-Free: 800-399-PEER

[The Network/La Red](#)

[989 Commonwealth Avenue Boston, MA 02215](#)

A survivor-led, social justice organization that works to end partner abuse.

Tel.: 617-742-4911

Toll-Free: 800-832-1901

HOUSING ASSISTANCE

[ABCD's Housing and Homelessness Prevention Department](#)

[105 Chauncy Street, 3rd floor, Boston, MA, 02111](#)

Provides assistance and skills to maintain or find housing or through case management services.

Tel.: 617-348-6000

[Heading Home](#)

[The Schrafft Center. 529 main St Suite 100. Boston, MA 02129](#)

Provides emergency, transitional and permanent housing, and support services.

Tel.: 617-864-8140

[Housing Families, Inc.](#)

[919 Eastern Ave. Malden, MA 02148](#)

Provides a safe, temporary shelter and quality affordable housing to homeless and at-risk families.

Tel: 781-324-1303 or 781-322-9119

[Malden Housing Authority](#)

[630 Salem St. Malden, MA 02148](#)

Supports individuals and families with home ownership, rent, and Section 8 vouchers.

Status Line Tel.: 781-322-2517

Main Line Tel.: 781-322-9460

[Youth Harbors](#)

[Malden High School. 77 Salem St. Malden, MA 02148](#)

Provides case management to homeless youth around housing assistance.

Tel.: 781-223-8743

FOOD ASSISTANCE & PANTRIES

[Bread of Life Food Pantry](#)

[54 Eastern Ave. Malden, MA 02148](#)

Enter rear of building. Food Pantry is open Tues.-Fri. 12p-5p; Closed Sat. to Mon.

Tel.: 781-397-0404

[Department of Transitional Assistance \(DTA\)](#)

[245 Commercial St. Malden, MA 02148](#)

Provides SNAP benefits and food assistance.

Tel.: 781-388-7300

PROGRAMS & ACTIVITIES

[Bike to the Sea](#)

[83 Jacob St, Malden, MA 02148](#)

Promotes bicycling and bicycle safety in the Malden area. Contact Stephen Winslow.

Tel.: 781-397-6893

[Chinese Culture Connection](#)

[99 Dartmouth St., 4th Floor Malden, MA 02148](#)

Offers after school programming, summer camps, and youth leadership and mentoring opportunities.

Tel.: 781-321-6316

Community Gardens

[51 Pleasant Street #15, Malden, MA 02148](#)

Gardeners will provide their own plants or seeds and water will be supplied by the City.

Tel.: 781-397-7000

Friends of Malden River

[20 Academy St., Suite 306. Arlington, MA 02476](#)

A citizens group that protects and restores the Mystic River.

Tel.: 781-316-3438

Friends of Fellsmere Heights

A community group that enhances the quality of life for residents through preservation of open space.

Email: Prisco Tammaro, priscotammaro@hotmail.com

Healthy M.E.

[350 Main St. Malden, MA 02148](#)

Offers substance use and sexual health education programming.

Tel.: 857-753-5557

Malden Arts

[PO Box 334. Malden MA 02148](#)

Provides opportunities to create and learn about art.

Tel.: 781-330-9053

Malden's Promise

[7 Washington St. Malden, MA, 02148](#)

Group that provides opportunities for youth through collaboration and networking.

Tel.: 781-397-7000

Malden Public Library

[36 Salem St. Malden, MA 02148](#)

Host a variety of educational, social and community events.

Tel.: 781-324-0218

Malden Reads: One City, One Book

A reading program that invites the community to read the same book and participate in a series of events.

Tel.: 781-321-6400

Malden Recreation Department

[32 Pearl St. Malden, MA 02148](#)

Offers a variety of activities and sports

Tel.: 781-397-7168

MTEC: Malden Teen Enrichment Center

[1 Salem St. Malden, MA 02148](#)

Drop in after school center for youth living in the Malden community.

Open Mon. to Fri. 2p-9p; Closed Sun. and Sat.

Tel.: 781-397-7234

[Malden YMCA](#)

[99 Dartmouth St. Malden, MA](#)

Offers a variety of after-school activities, which include sports, tutoring, and other programming. Open Mon. to Fri., 5:30a-10p; Sat. 7:30a-8p; Sun. 8a-6p

Tel.: 781-324-7680

[YWCA Malden](#)

[54 Washington St. Malden, MA 02148](#)

YWCA Malden offers a variety of school, after school and leadership opportunities to young women.

Tel.: 781-322-3760

For more activities in Malden and surrounding cities, visit www.tripbuzz.com/free-things-to-do/malden-ma

VOLUNTEER & WORK OPPORTUNITIES

[Healthy M.E. Peer Leadership](#)

[350 Main St. Malden, MA 02148](#)

Please call: 857-753-5557

[Mayor's Summer Youth Employment Program](#)

[17 Pleasant St., Flr. 4. Malden MA 02148](#)

Provides a wide variety of first or early work experiences for Malden youth.

Tel.: 781-397-7144

[YWCA's Task Program](#)

[54 Washington St. Malden, MA 02148](#)

Offers peer leadership and training opportunities for high school age youth .

Tel.: 781-322-3760

LOCAL MEDIA: INTERNET, NEWSPAPER & TELEVISION

[ITEM](#)

Web: www.itemlive.com/news

[Malden Access Television Youth Program](#)

[145 Pleasant St. Malden MA, 02148](#)

Tel.: 781-321-6400

[PATCH](#)

Web: patch.com/massachusetts/malden

[WickedLocal](#)

Web: malden.wickedlocal.com

TRANSPORTATION

[MBTA Bus and Train](#)

To find bus or train routes use www.mbta.com or the free app: Next Bus.

HOTLINES

[Boston Area Rape Crisis Center \(BARCC\)](#)

Hours: 24 hours, 7 days a week

Tel: 617-624-5111

Toll-free: 1-800-841-8371

TTY via MassRelay: 1-800-439-2370. Ask to be connected to
Hotline#617-492-RAPE (7273).

Web: www.barcc.org

[Bureau of Substance Abuse Services \(BSAS\)](#)

[250 Washington St #3, Boston, MA 02108](#)

BSAS oversees the substance abuse prevention and treatment services in the Commonwealth.

Toll-free: 1-800-327-5050

Email: helpline@hria.org

Web: <http://helpline-online.com/about-bsas/>

[Crisis Text Line](#)

Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via the medium people already use and trust: text. Text **741-741** from anywhere in the USA, anytime, about any type of crisis.

[NAMI Information Help Line](#)

[529 Main Street., Suite 1M17. Boston MA 02129](#)

Trained volunteers provide information, referrals, and support to all who have questions about or are affected by serious mental illness.

Tel.: 1-800-950-NAMI (6264)

[National Domestic Violence Hotline](#)

Toll-free multilingual Hotline : 1-800-799-7233

TTY: 1-800-787-3224

Web : www.thehotline.org

[National Suicide Prevention Lifeline](#)

Hours: 24 hours, 7 days a week

Languages: English, Spanish

Tel.: 1-800-273-8255

Web: www.suicidepreventionlifeline.org

[The Massachusetts Substance Helpline](#)

Hours: Mon. to Fri., 8a-1p; Sat. to Sun., 9a-5p

Tel.: 1-800-327-5050

Web: helpline-online.com/about-us

[The Massachusetts Smokers Helpline](#)

Hours: 24 hours, 7 days a week

*Youth age 12-18 without parental consent 1-800-Quit-Now
(1-800-784-8669) English*

Coaching in Spanish 1-800- Dejado (1-800-833-5256)

[The Trevor Project](#)

Hours: 24 hours, 7 days a week

Tel.: 1-866-488-7386

Web: www.thetrevorproject.org